



Training course for youth workers

‘Social mentoring as innovative training pathway to lifestyle self-employment’

Module I.

Social mentoring on lifestyle self-employment (LSE) as a new non-formal learning pathway

Exercise 1

The title of the exercise: **Basic information about participants in Mentoring process**

The aim of the exercise: to exchange the important information about Mentee, Mentor and Manager (if applicable) for Mentoring process

The tasks of the exercise:

Discussion, filling up toolkit, presentation

Step 1. Present to the group (or mentee) the main definition of Mentoring and importance of getting acquainted to each other

Step 2. Mentor present “**Initial Questionnaire for Mentee**” toolkit (please find it in Annex No.1), analyse most important and complicated parts. Mentor provides information about himself using mentioned toolkit filling in it up orally.

Step 3. Mentee(s) fill(s) up “Initial Questionnaire for Mentee” toolkit. Mentor supports and answers to audience questions.

The learning outcomes:

- Mentoring process member will know each other
- Mentor will dispose clear information about Mentees
- Mentor/Manager will use filled toolkits for successful Mentoring process

The total duration:

20 minutes



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Annex No. 1

Initial Questionnaire for Mentee

1. Name, Surname: _____

2. Place of living: _____

3. Contact information

Address: _____

Phone. No: _____ E-mail: _____

4. Date of birth: _____

5. Nationality: _____

6. Educational background: _____

7. Work/business experience: _____

8. Are you employed at the moment?

- Yes
- No
- Studying

9. Are you running/owning/developing business at the moment?

- Yes
- No

10. If you are unemployed and looking for a LSE, how long have you been looking for? (i.e. length of unemployment)



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- less than 6 months
- 6 – 12 months
- 12 – 24 months
- 24 – 36 months
- longer than 36 months

11. If you are studying? What subject are you currently studying?

12. Have you ever considered starting your own business? (please mark one choice):

- Yes
- No

13. If yes, why are you interested in starting your own business?

- To be your own boss
- To do what you’re interested in
- To find your own work/life balance
- To challenge yourself
- The opportunity to have greater earning potential
- Ready for a second career

14. Are you comfortable working in a group?

- Yes
- No

15. What kind help are you seeking through mentoring on LSE?

16. Have you participated in mentoring before?

- Yes
- No



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If yes, please describe what kind of mentoring and when _____

17. Are you happy to share your feelings and experience with others?

<input type="checkbox"/>	Yes
<input type="checkbox"/>	No

Please explain _____

18. What do you consider your strengths to be?

19. What do you consider your weaknesses to be?

20. What knowledge and skills do you think you possess (*if necessary, please mark several choices*):

<input type="checkbox"/>	ability to work in a team;
<input type="checkbox"/>	ability to organise my tasks/work
<input type="checkbox"/>	ability to solve conflicts and problems
<input type="checkbox"/>	good time management
<input type="checkbox"/>	ability to work independently and as part of a group
<input type="checkbox"/>	computer literacy skills
<input type="checkbox"/>	ability to communicate effectively
<input type="checkbox"/>	leadership skills
<input type="checkbox"/>	ability to take the initiative and be creative
<input type="checkbox"/>	other (<i>please add</i>) _____

21. Why do you want to participate in mentoring activities (*please mark your choices*):

<input type="checkbox"/>	I want to learn
<input type="checkbox"/>	I wish to express myself;
<input type="checkbox"/>	I want to get self-employed;



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- | | |
|--------------------------|---|
| <input type="checkbox"/> | I want to start my own lifestyle business |
| <input type="checkbox"/> | I want to participate in activities of particular NGO; |
| <input type="checkbox"/> | I want to participate in activities of particular enterprise; |
| <input type="checkbox"/> | I want to improve my personal skills |
| <input type="checkbox"/> | I want to improve my professional skills; |
| <input type="checkbox"/> | I want to receive recommendations for my future career; |
| <input type="checkbox"/> | I want to network with similar people |
| <input type="checkbox"/> | other (please add) _____ |

22. Which of the following competencies and skills do you think will be increased by participating in mentoring? (please mark your choices):

- | | |
|--------------------------|--|
| <input type="checkbox"/> | I will learn how to look for a business |
| <input type="checkbox"/> | I will be better equipped with the skills & knowledge needed to look for a business more efficiently |
| <input type="checkbox"/> | I will learn about entrepreneurship |
| <input type="checkbox"/> | I will be better equipped with the skills & knowledge needed to pursue entrepreneurship more efficiently |
| <input type="checkbox"/> | I will strengthen my communicational skills |
| <input type="checkbox"/> | I will increase my self-confidence |
| <input type="checkbox"/> | I will learn to establish my personal aims and objectives and set goals |
| <input type="checkbox"/> | I will increase my decision making skills |
| <input type="checkbox"/> | I will learn problem solving skills |
| <input type="checkbox"/> | I will increase my competencies in team working |
| <input type="checkbox"/> | I will learn how to be more tolerant to other peoples opinion and attitude |
| <input type="checkbox"/> | I will become more self-disciplined |
| <input type="checkbox"/> | I will learn how to present myself properly |
| <input type="checkbox"/> | I will learn to establish my personal aims and objectives |
| <input type="checkbox"/> | other (please add) _____ |

23. What expectations related to the help you are seeking do you think will be met by participating in mentoring (please mark your choices):

- | | |
|--------------------------|---|
| <input type="checkbox"/> | I will have a possibility to discuss my problems with another person; |
| <input type="checkbox"/> | I will find people, who have similar problems as mine; |
| <input type="checkbox"/> | I will use the experiences of other people when solving personal problems; |
| <input type="checkbox"/> | when solving the problems of my employment, I will use the experience of my mentor; |
| <input type="checkbox"/> | I will get acquainted with people and find new friends; |
| <input type="checkbox"/> | I will broaden my outlook using acquired knowledge; |
| <input type="checkbox"/> | I will estimate my potential in the labour market; |



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- I will have a good (interesting) time;
- I will help other disadvantaged people, who have problems;
- I will learn what kind of social activities, volunteering I would like to join;
- I will overcome my psychological barriers, when failing with my employment;
- other *(please add)* _____

24. What are your interests, hobbies?

25. Do you have any further comments?

Thank you!