



## Training course for youth workers

### ***'Social mentoring as innovative training pathway to lifestyle self-employment'***

#### Module I.

### Social mentoring on lifestyle self-employment (LSE) as a new non-formal learning pathway

#### Exercise 3

##### **The title of the exercise: Moodboard presentation**

**The aim of the exercise:** to visualise, present and discuss about Mentees', Mentor's personal details and expectations, goals in Mentoring process.

##### **The tasks of the exercise:**

To have the picture as an example of the Moodboard related to other topics, but the topic should be understandable to all (as cooking for example).

Step 1. Present to the group (or mentee) the Moodboard principle and toolkits of using it. A mood board is a type of collage consisting of images, text, and samples of objects in a composition. It can be based upon a set topic or can be any material chosen at random. A mood board can be used to convey a general idea or feel about a particular topic. They may be physical or digital, and can be effective presentation tools.

Step 2. Present task and how to use Moodboard. There are 2 options of using moodboard and Mentor/Manager has to choose one of the types:

- Online Moodboard. Using online Moodboard, participants put visual information in the online platforms using mobile devices, computers or tablet. Mentor could recommend these platforms: [spark.adobe.com](http://spark.adobe.com); [www.gomoodboard.com/](http://www.gomoodboard.com/); [www.canva.com/create/mood-boards/](http://www.canva.com/create/mood-boards/)
- Traditional Moodboard: mood boards are made from foam board which can be cut up with a scalpel and can also have spray mounted dab-outs put onto it. This method requires some physical equipment: board/paper, glue, scissors/scalpel, printed visual information (newspaper, magazine, etc.), drawing tools (pencils, felt-tip pens, paints, etc.)

Moodboard should represent the Mentee/Mentor background, family, hobbies, values, education, profession, expectation and goals in Mentoring process. Moodboard should be the toolkit of visualising your main information and choices in the filled toolkits before.

Step 3. Prepare Moodboard. Mentor makes its own Moodboard and consult Mentees. Manager (if applicable) supports Mentees of equipment and helps to prepare Moodboard.

Step 4. Prepare presentation using Moodboard. Presentation should be made with Moodboard toolkit. The content should involve Mentee/Mentor background, family, hobbies, values, education, profession, expectation and goals in Mentoring process.



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Step 5. Presentation. Firstly, Mentor presents himself using prepared Moodboard. Later the Mentor listens and asks questions to Mentees.

Step 6. Mentor/Manager collect toolkits (questionnaires of 1-2 exercises) and discuss shortly about each questioner emphasizing the most important places.

#### **The learning outcomes:**

- Mentoring process member will know better each other goals and expectations
- Mentor will dispose clear information about Mentees
- Mentor/Manager will use filled toolkits for successful Mentoring process
- Mentees will be described and based on goals, expectations
- Mentees will visualise and be able to represent themselves and their intentions in Mentoring process.

#### **The total duration:**

25-35 minutes for preparation

Not more than 3 minutes for the presentation of each person.