



Training course for youth workers

‘Social mentoring as innovative training pathway to lifestyle self-employment’

Module II.

Facilitating the social mentoring process on LSE by using the set of open educational resources (OERs) on Life-Style Entrepreneurship

Exercise 6.

Discover your talent for lifestyle entrepreneurship.

The aim of the exercise:

To help lifestyle entrepreneurs evaluate type of work where they are strong and can prepare to start their own business.

The tasks of the exercise:

This exercise could be used in both training course: for training of adult educators on LSE and for training of disadvantaged learners to become Lifestyle entrepreneur.

Follow the steps bellow.

Step 1. Individual work. Indicate the level of competence you have in doing each type of work listed by type of work. Please use the table from Annex No. 1.

Possible scale for the evaluation:

5- EXCELLENT 4 - I AM VERY GOOD; 3 - I AM GOOD; 2-SATISFACTORY GOOD, 1 - NOT AT ALL.

Step 2. Individual work. Write down what type of work you like best? What evidences you have to prove your highest ratings? What kind of business you could start? Be creative and list 3-5 ideas. What else do you need in order to start LSE business in good quality?

Step 3. Group discussion. The discussion covers presentation of participants on various types of work and their ideas for possible LSE business.

The learning outcomes:

- Learners will able to identify the type of work in the areas of LSE where they are strong.
- Learners will be able to discover their talents or interests.

The total duration: 40 minutes – 10 minutes for the first step, 15 minutes for the second step and 15 minutes for the third step.



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Annex No. 1

The level of my competencies in:

Type of work	Rating
Cake making	
Care of elderly people	
Ceramics	
Childcare	
Cooking	
Crafts	
Dancing	
Gardening	
Germinating flowers	
Gifts making	
Interpretation	
Makeup	
Mobile hairdresser	
Music	
Nails design	
Organizing events	
Painting	
Pets grooming	
Photography	
Sewing	
Sport	
Translation	
Travel guide	
Writing/editing	
Other <i>please specify:</i>	