



Training course for youth workers

‘Social mentoring as innovative training pathway to lifestyle self-employment’

Module II.

Facilitating the social mentoring process on LSE by using the set of open educational resources (OERs) on Life-Style Entrepreneurship

Exercise 7.

Is it worth to be life style self-employed?

The aim of the exercise:

To discuss advantages and disadvantages of self-employment and decide whether it worth to start life style self-employment.

The tasks of the exercise:

Discussions on employment and self-employment should be organized. The question – what you actually get if you decide to break free from the 9~5 work and do something with your life – should also be discussed.

In the Table provided in Annex No. 1 there are some statements that are pro or against the self-employment. Assess every statement taking to account your country situation, your personal situation– current job and personal traits. Do you agree and what arguments you must support an answer?

Work individually and then discuss in groups.

The learning outcomes:

- Learners will able to understand why it is worth to start life style self-employment.
- Learners will be able do decide if they want changing something with their life or start life style self-employment.

The total duration: 30 minutes.



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Annex No. 1

No.	Statement	Important to me	Not important to me	Arguments/ Comments
Pro.	When you are self-employed, it allows you:			
1.	To work more when you feel inspired and then take some time off when you need it			
2.	To have more freedom			
3.	To have no bosses			
4.	To take up new projects and develop your business in new directions			
5.	To work on whatever you’re interested in			
6.	To have no fixed working time			
7.	To have more satisfaction and contentment			
8.	To build your own community			
Cons.	Few believes that could be obstacles for self-employment	I agree	I don’t agree	
1.	own business is something only rich people and the lucky ones can afford			
2.	it probably won’t work			
3.	it’s not the right time			
4.	it’s safer to just keep your current job			
5.	the idea of doing what you love, making it your career, helping people and making a lot of money out of it, sounds crazy and impossible to most people			
6.	it takes knowing the right people			
7.	too risky			
8.	too much responsibility			